

Posturally

Can't login? Or confused about logging in?

Try the following steps.

1. Check that you're using the email address you used when you paid for the course to access the login link.
2. Have you registered for an account on our site? That's the first thing that has to be done. 😊 Use the below link if you have not yet registered: <https://posturally.com/register> Please use the same email address you used when you paid for the course.
3. Is the link you used to access your course, called the dashboard link, the correct one? If so, it should take you directly to the course access page (which is like a table of contents for the course you bought.)

The dashboard link should have been emailed to you after you paid for the course. **It was emailed to the same email address you used when you paid for the course.**

So check to see if you are using the correct link. A correctly formed dashboard link looks like this.

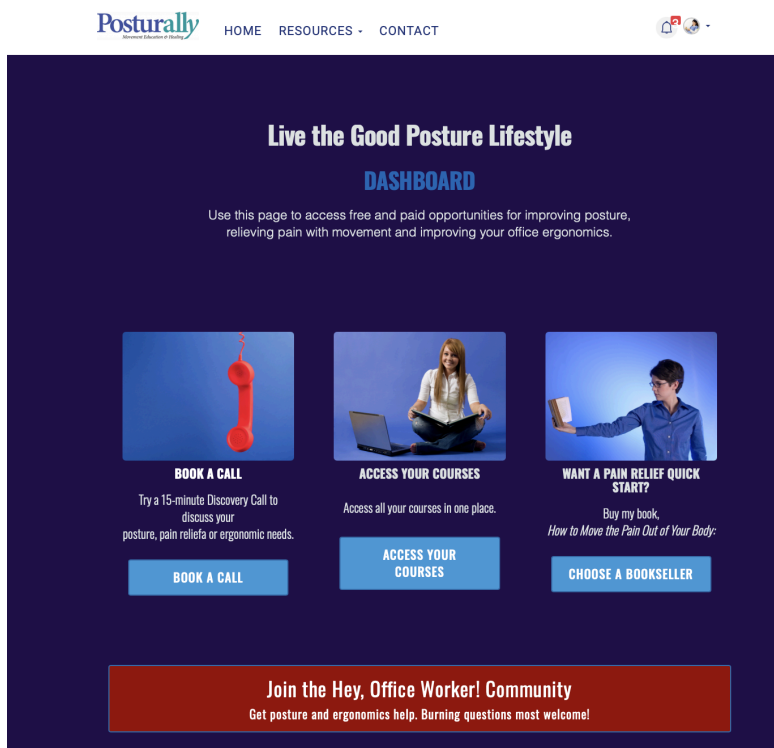
<https://posturally.com/courses/COURSENAME/dashboard>

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REAL EXAMPLE:

<https://posturally.com/courses/posture-scan/dashboard>

4. Check to see if you've been taken to the site home page. If you were, most likely it would be to the special homepage that's just for logged in members. This is what it looks like:



5. To access your purchased courses from the logged in homepage (screenshot above), try clicking the **ACCESS YOUR COURSES** button under the middle image. (The one with the woman

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working on her laptop.)

- You'll then be taken to a page that lists your courses. Scroll down to find the one you're interested in and click on the image. (For example, the screenshot below shows the Posture Scan for Desk Workers program.)

The screenshot shows the Posturally website's 'Your Learn & Grow Dashboard'. At the top left is the Posturally logo with the tagline 'Movement Education & Coaching'. To the right are navigation links: HOME, RESOURCES, CONTACT, and LEARN & GROW. Further right are icons for a bell and a user profile. Below the navigation is the heading 'Live the Good Posture Lifestyle' and a circular profile picture of Anne Asher. A dark blue banner contains the text 'Your Learn & Grow Dashboard'. Below this is a quote: 'The beauty of my somatic movement systems is that almost anyone can do them and benefit.' attributed to Anne Asher, Founder, Posturally. A paragraph follows: 'This page gives you access to your paid courses plus other Posturally opportunities - both free and paid - you might be interested in. (Just scroll down a bit.)' Under the heading 'Learn & Grow', there is a course card for 'POSTURE SCAN FOR DESK WORKERS' by Anne Asher. The card features a thumbnail image of a woman at a desk and the text 'Posture Scan for Desk Workers' and 'Overcome Burnout While You Work'. At the bottom of the dashboard is a teal button that says 'ACCESS THE HEY, OFFICE WORKER! COMMUNITY'.

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7. After clicking the image, you should be taken to the course access page. Here's an example of what it might look like:

The screenshot shows the Posturally website interface. At the top, the logo 'Posturally' is followed by navigation links: HOME, RESOURCES, CONTACT, and LEARN & GROW. A notification bell icon is visible on the right. Below the navigation, a course card for 'Posture Scan for Desk Workers' is displayed, indicating '0 / 3 Lessons Completed'. The main content area is titled 'Course Curriculum' and features a list of lessons under the heading 'Supported Relaxation Guided Audio & PDF Cheat Sheet 3 Lessons'. The lessons listed are 'Welcome', 'Posture Scan Materials', and 'Bonus Materials', each with a 'START' button.

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8. If you've tried steps 0-7 and still can't log in and you paid for the course, please email us at admin@posturally.com and we'll get on it straight away.